



LASER TATTOO REMOVAL — AFTERCARE INSTRUCTIONS

THANK YOU FOR CHOOSING US.

We hope you had an incredible experience. Please follow these instructions carefully to ensure your treatment heals quickly, safely, and with the best possible results.

WHAT TO EXPECT

- Skin that feels like a **mix of sunburn and a fresh tattoo** — this is a superficial burn wound and is completely normal
- **"Frosting"** — a white, bubbly appearance at the treatment site immediately after. This lasts a few minutes and is expected
- **Blisters, crusted skin, and scabbing** within 72 hours. Blisters may contain strangely coloured fluid — do not pop them
- **Pink or pale skin** once the scab separates — this is normal new skin and will settle
- **Bruising, swelling, pain, and itching** throughout the healing period
- **Temporary loss of pigment** in the treated area — more common in deeper skin tones and usually temporary
- In rare cases: **scarring or hypertrophic/keloid formation**. Disclose any history of abnormal scarring before treatment

WEAR SPF 30+ SUNSCREEN ON THE TREATED AREA FOR A MINIMUM OF 3 MONTHS

SUN EXPOSURE AFTER LASER TREATMENT SIGNIFICANTLY INCREASES RISK OF HYPERPIGMENTATION AND POOR HEALING OUTCOMES

- Keep the treated area **clean and dry**
- Your treatment area is **not bandaged by default**. If you experience blistering or scabbing, you may apply a non-stick sterile bandage — **change it daily, keep it clean and dry**
- Wash gently with [Mad Rabbit New Tattoo Wash](#) and water. Dry with paper towel or air dry
- Always **wash your hands** before touching the treatment area
- Apply moisturizer after 24 hours or when the area looks dry and tight — **1-2 times daily maximum**. Use [Mad Rabbit Tattoo Lotion](#), [Soothing Gel](#), or [Tattoo Balm](#)
- If itchy, **lightly slap the area** — never scratch or pick
- If pimples appear, **reduce moisturizer** and switch to a non-oil-based product
- Apply **cold compresses** (up to 10 minutes) for inflammation and pain. Tylenol is fine
- Wear **loose, soft clothing** over the area. Keep bedding clean
- Stay healthy — **the healthier you are, the faster you heal**
- You **can** shower with the wrap on as long as the seal is fully intact

WHAT TO AVOID

- **Never lance or pop blisters** — this increases infection risk and slows healing significantly
- **No soaking or submerging** the wound: avoid baths, long showers, saunas, hot tubs, pools, and natural bodies of water until all scabs are fully gone
- **No sun or UV tanning** for at least 10 days post-treatment
- **Never apply:** Vaseline, coconut/almond/natural oils, essential oils, scented moisturizers, goats milk, Dettol, Betadine, hydrogen peroxide, baby oil, sea salt, or Epsom salts
- **No anti-aging creams** on the treated area for 30 days
- **No perfumes or makeup** on the wound until fully healed
- **No blood thinners** including Aspirin during healing
- Avoid **smoking and alcohol** for a few days post-treatment
- Avoid **excessive sweating** for at least 3 days
- Do not allow **jewelry or clothing to rub** against the area until healed
- Do not over-moisturize or over-clean

CONTACT A DOCTOR IMMEDIATELY IF YOU EXPERIENCE:

Fever · The treatment area becomes **hot to the touch** · **Spider-web-like veins** spreading from the treatment site · **Shortness of breath** · **Dizziness** · **Blurred vision**

These may be signs of infection or a serious reaction. Do not wait — seek medical attention right away and contact House of GRIM so we can document the incident.

WE RECOMMEND

MAD RABBIT — AVAILABLE AT BODYALTAR.CA

Days 1-10 (pick one):

[Mad Rabbit Tattoo Lotion](#) · [Soothing Gel](#) · [Tattoo Balm](#)
+ [Mad Rabbit New Tattoo Wash](#)

Days 10+: [Mad Rabbit Tattoo Lotion](#)

Always: [Mad Rabbit SPF 30 Tattoo Sunscreen](#) — on the treated area for a minimum of 3 months

HOUSE OF GRIM

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Any questions, concerns, or issues — contact us. We want to know.

LEAVE A REVIEW &