



HOUSE OF GRIM — TATTOO AFTERCARE

THANK YOU FOR CHOOSING US.

We hope you had an incredible experience and are in love with your artwork. Follow these instructions to make sure your tattoo heals perfectly.

WHAT TO EXPECT

- Some **swelling, redness, bruising** and/or tenderness
- For the first day: **blood & clear or ink-coloured secretions** (“slime”) — normal
- **Scabbing, cracking, dry skin and flaking** after a few days
- **Itching & irritation** throughout healing
- **Clothing & bedding may stick** to the tattoo for the first few days

✔ WHAT TO DO

- Leave bandage on **at least 24 hours** — Hypafix/second-skin wrap can stay on **up to 7 days** as long as the seal is fully intact. If the seal breaks, **remove immediately**
- Remove in a **hot shower** — heat and steam loosen the wrap
- Wash with **Mad Rabbit New Tattoo Wash** and water. Dry with **paper towel or air dry only** — **never a cloth towel**
- Always **wash your hands** before touching the tattoo
- **Days 2-10:** Wash and moisturize 1-2x daily. Use **Mad Rabbit Lotion, Soothing Gel, or Balm** — do not over-moisturize
- If itchy, **lightly slap** — never scratch or pick
- If pimples appear, **reduce moisturizer** or switch to non-oil-based product
- Wear **loose, soft clothing** over the tattoo. Keep bedding clean
- Stay healthy — **the healthier you are, the faster you heal**
- You **can** shower with the wrap on as long as the seal is fully intact
- If you have any questions or concerns, **contact your artist or the shop** — we want to know

✘ WHAT TO AVOID

- **Never pick, scratch,** or peel the tattoo
- **No soaking:** no baths, saunas, hot tubs, pools, or natural bodies of water until all scabs are gone
- **Avoid sun & UV tanning** — UV rays cause tattoos to fade, especially when fresh
- **Never apply:** Vaseline, natural oils, essential oils, scented products, goats milk, Dettol, Betadine, hydrogen peroxide, baby oil, sea salt, or Epsom salts
- **Do not over-moisturize** or over-clean
- No **jewelry or clothing rubbing** against the tattoo until healed
- No **perfumes or makeup** on the tattoo until healed

SEE A DOCTOR IMMEDIATELY IF YOU HAVE

Fever · Tattoo **hot to the touch** · **Spider-web-like veins** spreading from the tattoo · **Shortness of breath** · **Dizziness** · **Blurred vision** · **Foul smell** from the tattoo site (possible sign of infection)

MAD RABBIT — AVAILABLE AT BODYALTAR.CA

WE RECOMMEND

Days 1-10 — wash: **Mad Rabbit New Tattoo Wash**

Days 1-10 — moisturize (pick one): **Tattoo Lotion** · **Soothing Gel** · **Tattoo Balm**

Days 10+: **Mad Rabbit Tattoo Lotion**

Always — SPF: **Mad Rabbit SPF 30 Tattoo Sunscreen** on healed tattoos to prevent fading

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Any questions or concerns — contact us. We want to know.